

METHODS OF WORKING WITH INDIVIDUALS AND GROUPS

Unit I

Social work with Individuals : (social case work) Meaning and Definition; objectives; scope and limitations; its importance and relationship with other methods of social work; basic components of social case work – Person, problem, place and process; principles of case work.

Unit II

Historical development of social case work; case worker – client relationship; Meaning and its importance in case work; characteristics of professional relationship; empathy, transference and counter transference, resistance, sustaining the relationship.

Unit III

Social case work process: Intake and Exploration (Study) : Analysis and Assessment; (Diagnosis) development of action plan, use of contracts; intervention; Recording in social case work – Need, importance and types of recording; settings for practice.

Unit IV

Social Group work (working with groups) Definition objectives, Principles and skills, role of group worker; social groups – definition, types of groups and their characteristics, influence of groups on individuals; Group dynamics – types of recording.

Unit V

Approaches to social case work practice – Psycho social, functional, diagnostic, crisis intervention, family centered approach -.

Group work models :

Generalist; social, remedial and reciprocal models; Tash groups, Treatment groups, educational, growth, remedial and socialization.

Case work and group work practice in different settings in India; Family and child welfare, Industries, hospitals, schools, aged homes and handicapped centres.

References:

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University of Chicago press, Chicago, 1957.
2. Timms, Noel : Recording in Social work, London Routledge and Kegan
Paul, 1972.
3. Mehetras V.G. : Social case work in India, 1979.
4. Bene menthal H.L. : Administration of Group Work
5. Gisela Konopha : Social group work – A Helping process
6. Gisela Karopha : Group work in the Institutions
7. Trecher H.B. : Social Group work, Principles and Practices.