

MENTAL HEALTH

Unit I

Historical Development of psychiatry as a field of specialization; Attitudes and beliefs pertaining to mental illness in ancient, medieval and modern times; concepts of Normality, Abnormality and mental Health.

Unit II

Life stress and coping; stress and mental health; classification of Mental illness – DSM IV and ICD, 10,11 & 12. Mental health problems among children, adolescents, women, workers and elderly.

Unit III

Psychiatric assessment; interviewing – case history taking and mental status examination, psychosocial and multidimensional assessment of mental disorders in psychiatric social work and psychosocial diagnosis.

Unit IV

Psychiatric Illness : Symptoms, causes and treatment of Neuroses, Psychoses, Psycho physiological, cultural bound syndromes, personality disorders, sexual deviations, alcoholism and drug dependence and suicide. Child hood disorders, Scholastic backwardness – Attention Deficit Disorders – Learning disorders.

Unit V

Mental Handicap: Definition, classification, clinical types and causes, cerebral palsy.

Epilepsy: Definition, types, causes, management, aging, biological, social and psychological problems.

References:

- James C: Abnormal psychology and modern life, Taraporevala & sons, Bombay.
Jennifer : An outline of modern psychiatry, John Wiley & Sons, 1981.
Kaplan Harold et al : Comprehensive Text book Williams & Wilkins, Vol I,II & III, 1980.
Kraepelin, E : A psychiatry – A text book for students and physicians, Vol.2, Amerind pub, 1990.
Venkatesan S. Children with development disabilities, sage, 2004.