

PSYCHIATRIC SOCIAL WORK

I. Psychiatric Social Work : Definition and concept, Historical development in India and abroad; Current status as a field of Specialisation. Case Work, Group Work and Community Organisation in the Psychiatric Services; Limitations and difficulties faced in Psychiatric Social Work practice. Psychiatric Epidemiologist in India.

II. Historical development of Psychiatry as a field of Specialisation; Attitudes and beliefs pertaining to mental illness in ancient, medieval and modern times; Concepts of Normality, Abnormality and Mental Health. Classification of Mental Illness: Diagnostic Statistical Manual(DSM)III-R. International Classification of Diseases (ICD); Psychiatric assessment: Interviewing, Case History taking; Sources of Intake, Mental Status examination; Formulation of Psychosocial diagnosis.

III. Psychiatric Illness: Neuroses, Psychoses, organic and functional, culture bound syndromes, Personality disorders, Sexual deviations, Alcoholism and Drug dependence.

Mental Handicap: Definition, classification, clinical types and causes,

Cerebral Palsy: Clinical types, causes, associated disabilities.

Epilepsy: Definition, types, causes, management.

Ageing: Biological, social and psychological problems.

Suicide: Causes, indications, prevention.

Childhood disorders: Behaviour disorders; Eating, elimination, sleep and speech disorders.

Childhood Psychoses: Autism, Schizophrenia.

Scholastic Backwardness: Symptoms, causes and management.

Attention Deficit Disorders.

IV. Therapeutic Intervention in Psychiatric Illness: Psycho education, Cognitive Therapy, Group Psychotherapy, Family Therapy, Marital therapy: Scope and types.

Behaviour therapy: Principles and techniques.

ECT, Chemotherapy, Psychosurgery and Mega vitamin Therapy; Occupational Therapy (Purpose and Concept).

V. Scope of Psychiatric Social Work practice: Roles and functions of a Psychiatric Social Worker with regards to the problems of patients and their families in :

1) Psychiatric OPD's 2) Psychiatric Specialty Clinics

3) De-addiction Centres, 4) Child Guidance Clinics.

Rehabilitation of Psychiatric patients: Role of the Social Worker in rehabilitation - planning, mobilization, reintegration of the patient in the family and community; Principles and Models of Psychiatric Rehabilitation; Role of the Psychiatric Social Worker in Team Work.

Concepts of : Therapeutic community, Partial Hospitalization, Day Care Centres, Half way homes, Sheltered workshop and Transitory homes; National Mental health Programme; District Mental Health Programme.

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