

**CORE COURSE XI : DIETETICS – II**

**UNIT – I**

- a. Pancreatic disorders: Pancreatitis
- b. Diet in Diabetes Mellitus: Insulin and Non-Insulin Dependent Diabetes. Modifications and dietary role in NIDDM.
- c. Food exchange lists.
- d. Nutritional care in diseases of adrenal cortex, thyroid, parathyroid, Gout, and osteoporosis.

**UNIT – II**

- a. Dietary management in Cardiovascular diseases – Hypertension, hyperlipidemia, atherosclerosis, acute and Chronic cardiac disease, congestive cardiac failure.
- b. Dietary management in kidney diseases – Nephritis, Nephrosis, uremia and urinary calculi.

**UNIT – III**

- a. Nutritional care for patients having surgery, Trauma and burns.
- b. Nutritional care in neoplastic diseases or cancer.

**UNIT – IV**

Diseases of infancy and childhood.

- a. Nutritional care of the low birth weight infant.
- b. Nutritional care in diseases of infancy and childhood.

**UNIT – V**

Nutrition counselling.

**Reference**

1. Anita F.P. Clinical Dietetics and Nutrition.
2. Krause and Mahan, Food, Nutrition and Diet therapy
3. Normal and therapeutic Nutrition by Corrainne. H. Robinson.
4. Davidson and Passmore (1975), Human Nutrition and Dietetics, English Language Book Society.
5. Principles of Nutrition and Dietetics by M. Swaminathan
6. Essentials of Food and Nutrition by M. Swaminathan.