Part IV - VALUE EDUCATION (Revised Syllabus)

Unit I : Philosophy of Life and Social Values

Human Life on Earth (Kural 629) Purpose of Life (Kural 46) Meaning and Philosophy of Life (Kural 131, 226) Family (Kural 45), Peace in Family (Kural 1025) Society (Kural 446), The Law of Life (Kural 952), Brotherhood (Kural 807) Five responsibilities / duties of Man (a) to himself (b) to his family (c) to his environment (d) to his society, (e) to the Universe in his lives (Kural 43, 981).

Unit II : Human Rights and Organizations


Unit III : RTI Act, 2005 & Consumer Protection Act, 1986


Unit IV : Yoga and Health

Definition, Meaning, Scope of Yoga - Aims and objectives of Yoga - Yoga Education with modern context - Different traditions and schools of Yoga - Yoga practices: Asanas, Pranayama and Meditation.

Unit V : Role of State Public Service Commission

Constitutional provisions and formation - Powers and Functions - Methods of recruitment - Rules and notification, syllabi for different exams - written and oral - placement.

BOOKS FOR REFERENCES:

1. Thirukkural with English Translation of Rev. Dr. G.U. Pope, Uma Publication, 156, Serfoji Nagar, Medical College Road, Thanjavur 613 004
2. விஞ்ஞான விசாரணை - விசாரணை - வேதத் விசாரணைக்குட்பட்ட வேதாட்சிப் படைமுறை, கோவில் மறுமலர், குறியீடு.
4. V.R. Krishna Iyer, Dialetics and Dynamics of Human Rights in India, Tagore Law Lectures.

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