



BHARATHIDASAN UNIVERSITY, TIRUCHIRAPPALLI - 620 024
B.Sc. PSYCHOLOGY
CHOICE BASED CREDIT SYSTEM – LEARNING OUTCOMES
BASED CURRICULUM FRAMEWORK (CBCS - LOCF)

(Applicable to the candidates admitted from the academic year 2026 - 2027 onwards)

Sem	Part	Courses	Title	Ins. Hrs.	Credits	Exam. Hours	Maximum Marks		
							Int.	Ext.	Total
I	I	Ability Enhancement Course – I (AEC - I)	(Tamil \$ / Other Languages)	6	3	3	30	70	100
	II	Ability Enhancement Course – II (AEC - II)	English Course – I	6	3	3	30	70	100
	III	Core Course - 1 (CC - 1)	Basic Psychology I	4	4	3	30	70	100
		Core Practical - 1 (CP - 1)	Psychology I	4	4	3	40	60	100
		Allied Course – 1 (AC - 1)	Foundations of sociology	4	4	3	30	70	100
		Allied Course Practical - 1 (ACP-1)	Psychological Testing-I	2	**	**	**	**	**
	IV	Value Education		2	2	3	30	70	100
		Interdisciplinary Course – 1 (IDC - 1) #	One Course from Outside Department	2	2	3	30	70	100
Total				30	22	–	–	–	700
II	I	Ability Enhancement Course – III (AEC - III)	(Tamil \$ / Other Languages)	6	3	3	30	70	100
	II	Ability Enhancement Course – IV (AEC - IV)	English Course – II	6	3	3	30	70	100
	III	Core Course - 2 (CC - 2)	Basic Psychology II	4	4	3	30	70	100
		Core Practical - 2 (CP - 2)	Psychology II	4	4	3	40	60	100
		Allied Course – 2 (AC - 2)	Statistics in psychology	4	4	3	30	70	100
		Allied Course Practical – 1 (ACP-I)	Psychological Testing-I	2	4	3	40	60	100
	IV	Skill Enhancement Course - 1 (SEC - 1) ##	Effective English	2	2	3	30	70	100
		Interdisciplinary Course – 2 (IDC - 2) #	One Course from Outside Department	2	2	3	30	70	100
Total				30	26	–	–	–	800

III	I	Ability Enhancement Course – V (AEC - V)	(Tamil / Other Languages)	6	3	3	30	70	100
	II	Ability Enhancement Course – VI (AEC - VI)	English Course – III	6	3	3	30	70	100
	III	Core Course - 3 (CC - 3)	Physiological Psychology I	4	4	3	30	70	100
		Core Practical - 3 (CP - 3)	Psychology III	4	4	3	40	60	100
		Allied Course – 3 (AC - 3)	Principles of Public Administration	4	4	3	30	70	100
		Allied Course Practical - 2 (ACP-2)	Psychological Testing-II	2	**	**	**	**	**
	IV	Skill Enhancement Course - 2 (SEC - 2) ##	Life Skills	2	2	3	30	70	100
		Interdisciplinary Course – 3 (IDC - 3)	One Course from Outside Department	2	2	3	30	70	100
		Health & Wellness @		–	1	–			100
	Total			30	23	–	–	–	800
	I	Ability Enhancement Course – VII (AEC - VII)	(Tamil / Other Languages)	6	3	3	30	70	100
IV	II	Ability Enhancement Course – VIII (AEC - VIII)	English Course – IV	6	3	3	30	70	100
	III	Core Course - 4 (CC - 4)	Physiological psychology II	4	4	3	30	70	100
		Core Practical - 4 (CP - 4)	Psychology IV	4	4	3	40	60	100
		Allied Course – 4 (AC - 4)	Counselling Psychology I	4	4	3	30	70	100
		Allied Course Practical - 2 (ACP-2)	Psychological Testing- II	2	4	3	40	60	100
	IV	Skill Enhancement Course - 3 (SEC - 3)	Employability Skills	2	2	3	30	70	100
		Interdisciplinary Course – 4 (IDC - 4)	One Course from Outside Department	2	2	3	30	70	100
	Total			30	26	–	–	–	800
	Summer Internship / Industrial Activity during the Summer Vacation after II Year								

V	III	Core Course - 5 (CC - 5)	Developmental Psychology-I	4	4	3	30	70	100
		Core Course - 6 (CC - 6)	Abnormal Psychology-I	5	4	3	30	70	100
		Core Course - 7 (CC - 7)	Organizational Behavior	5	4	3	30	70	100
		Core Course - 8 (CC - 8)	Counselling Psychology II	5	4	3	30	70	100
		Core Practical - 5 (CP - 5)	Psychology V	5	4	3	40	60	100
	IV	Skill Enhancement Course - 4 (SEC - 4)	Basics of Research	2	2	3	30	70	100
		Skill Enhancement Course - 5 (SEC - 5) ##	Career Readiness	2	2	3	30	70	100
		Introduction to Disaster Management		2	2	3	30	70	100
		Summer Internship / Industrial Activity @@	(with Viva-Voce)	--	2	--	20	80	100
Total			30	28	--	--	--	900	
VI	III	Core Course - 9 (CC - 9)	Developmental Psychology II	4	4	3	30	70	100
		Core Course - 10 (CC - 10)	Abnormal Psychology II	5	4	3	30	70	100
		Core Practical - 6 (CP – 6)	Psychology VI (Practical)	5	4	3	40	60	100
		Core Project Work (CPW) @@	Project Work (with Viva-Voce)	6	4	3	20	80	100
	IV	Value Added Course	General Studies for Competitive Examinations	2	1	--	30	70	100
		Skill Enhancement Course - 6 (SEC - 6)	Consumer Behaviour	2	2	3	30	70	100
		Skill Enhancement Course - 7 (SEC - 7) ##	Employability Skills	2	2	3	30	70	100
		Environmental Studies		2	2	3	30	70	100
		Gender Studies		2	1	3	30	70	100
		Extension Activities *		--	1	--	--	--	--
Total			30	25	--	--	--	900	
Grand Total			180	150	--	--	--	4900	

ALLIED COURSE

First Year	Second Year
Foundation of Sociology	Principles of Public Administration
Statistics in Psychology	Counselling Psychology I
Psychological Testing-I	Psychological Testing-II

SKILL ENHANCEMENT COURSE (SEC)			
Sl. No.	Title of paper	Sl. No.	MANDATORY Naan Mudhalvan Scheme ##
1.	Effective English	1.	2 nd Semester:
2.	Digital Skill for Employment		
3.	Life Skills	2.	3 rd Semester:
4.	Stress Management Skills		
5.	Employability Skills	3.	4 th Semester:
6.	Educational Psychology		
7.	Career Readiness	4.	5 th Semester:
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		5.	6 th Semester:

INTERDISCIPLINARY COURSE (IDC) FOR WHO HAVE OPT TAMIL AS PART-I (for other Department Students only)	
1 st Semester	Foundations of Criminology
2 nd Semester	Social Psychology
3 rd Semester	Stress Management
4 th Semester	Educational Psychology

INTERDISCIPLINARY COURSE (IDC)# FOR WHO HAVE NOT OPT TAMIL AS PART - I		
Those who have studied Tamil upto 10 th +2 but opt for other languages in degree	1 st Semester	Special Tamil - I
	2 nd Semester	Special Tamil - II
Those who have not studied Tamil in school level	1 st Semester	Basic Tamil - I
	2 nd Semester	Basic Tamil – II
Those students who opt for either special Tamil (or) Basic Tamil as IDCs, have to choose 2 more IDCs courses in their 3 rd and 4 th Semester from Outside his/her department.		

INTERDISCIPLINARY COURSE (IDC) \$\$ FOR NCC CADETS ONLY	
NCC Course is a Compulsory Course for the NCC Cadets in the 3rd Semester:	NCC Course is a Compulsory Course for the NCC Cadets in the 4th Semester:
Introduction to NCC	1. Special Subject Army (or) 2. Special Subject Navy (or) 3. Special Subject Air force
Those students who opt for NCC Courses as IDCs, have to choose 2 more IDCs courses in their 1 st and 2 nd Semester from Outside his/her department.	

SUMMARY OF CURRICULUM STRUCTURE OF UG PROGRAMMES

Sl. No.	Part	Types of the Courses	No. of Courses	Credits for each Course	Total Credits	Marks
1.	I	Ability Enhancement Course	4	3	12	400
2.	II	Ability Enhancement Course	4	3	12	400
3.	III	Core Course	10	4	40	1000
4.		Core Practical	6	4	24	600
5.		Minor Course (MC)	4	4	16	400
6.		Minor Course Practical (MCP)	2	4	8	200
7.		Core Project Work (CPW)	1	4	4	100
8.	IV	Skill Enhancement Course (SEC)	7	2	14	700
9.		Interdisciplinary Course (IDC)	4	2	8	400
10.		Value Education	1	2	2	100
11.		Health and Wellness	1	1	1	100
12.		Introduction to Disaster Management	1	2	2	100
13.		Summer Internship / Industrial Activity	1	1	1	100
14.		Value Added Course	1	2	2	100
15.		Environmental Studies	1	2	2	100
16.		Gender Studies	1	1	1	100
17.		EXTENSION ACTIVITIES (NCC / NSS / SPORTS / ANTI DRUG CELL / YRC & Any Other Activities)	--	1	1	--
Total			49	-	150	4900

\$ For those who have studied Tamil upto 10th+2 (Regular Stream)

+ Syllabus for other Languages should be on par with Tamil at degree level

Those who have studied Tamil upto 10th+2 but opt for other languages in degree level under Part –I should study special Tamil and those who have not studied Tamil in the school level should study Basic Tamil in Part– IV under the Interdisciplinary Course.

** Examination at the end of the next semester

Naan Mudhalvan Scheme: As per the Naan Mudhalvan Scheme instructions, 5 courses from 2nd to 6th semester should be studied under Skill Enhancement Course.

\$\$ NCC Course is one of the Choices in the Interdisciplinary Course. Only the NCC Cadets are eligible to choose this course. However, NCC Course is a Compulsory Course for the NCC Cadets.

@ **Health and Wellness: Assessments:**

- Use self-reflective worksheets to assess their understanding
- submit the worksheets to internal audit / external audit
- Every student's activity report should be documented and the same have to be assessed by the Physical Director with Mentor. The evaluation should be for 100 marks. No examination is required.

Scheme of Evaluation:

Part	Description	Marks
A	Report	40
B	Attendance	20
C	Activities (Observation During Practice)	40
Total		100
Description		Marks
Report		80
Viva-Voce		20
Total		100

@@ Summer Internship / Industrial Activity

Internship will be carried out during the summer vacation after the second year. Viva-Voce will be conducted by the college and Marks shall be sent to the University and the same will be included in the 5th semester Mark Statement.

Summer Internship / Industrial Activity & Project Work

Scheme of Evaluation:

Description	Marks
Report	80
Viva-Voce	20
Total	100

* Extension Activities shall be outside instruction hours.

First Year	CORE COURSE 1	Semester I
Code:	BASIC PSYCHOLOGY I (Theory)	Credits: 4

COURSE OBJECTIVES:

- To understand the definition and history of Psychology
- To comprehend the basics of Sensation & Perception
- To appreciate the importance of Consciousness
- To know the nature of Learning, Memory & Forgetting
- To understand the nature and approaches to Motivation & Emotion

UNIT – I: Foundations and Perspectives of Psychology

The Historical foundations of Psychology Definition and goals of Psychology - History of Psychology, Early schools of Psychology: Structuralism, Functionalism Behaviourism, Psychoanalysis and Gestalt

Contemporary Perspectives of Psychology Bio-logical - Psychoanalytic - Behaviouristic - Cognitive and Subjectivist Perspectives - Areas of Specialization in Psychology

UNIT – II: Sensation and Perception

Sensation Definition of Sensation - Sensory thresholds - Sensory adaptation - Vision - Hearing - Touch - Smell - Taste and Kinaesthetic senses.

Perception Definition of Perception - Gestalt Principles - Perceptual Constancies - Depth Perception- Illusion-Types of illusion - Extra Sensory Perception

UNIT – III:

Consciousness Definition of Consciousness - The Nature of Consciousness - Altered States of Consciousness - Drug-induced Altered States of Consciousness.

Sleep Biological Rhythms and Sleep - The Need for Sleep - Stages of Sleep - Sleep Disorders – Dream - Wish fulfilment - Manifest and Latent Content - Hypnosis - The Nature & Application of Hypnosis

UNIT – IV: Learning, Memory, and Forgetting

Learning Definition of Learning-Trail & Error - Classical Conditioning - Operant Conditioning - Cognitive Learning - Observational Learning- Their implication

Memory Definition of Memory - Two models of Memory - Three stages of memory - Working memory - Short-term memory and Long-term Memory - Implicit Memory - Amnesia - Techniques to improve Memory - Definition of Forgetting - Proactive and Retroactive Interference - Retrieval Inhibition

UNIT – V: Motivation and Emotion

Motivation Definition of Motivation - Approaches to Motivation - Instinct - Drive reduction - Arousal - Incentive - Needs – Self- determination theory - Sexual motivation - Aggressive motivation

Emotion Definition of Emotion - Components of Emotions - Biology - Cognitive - and Socio-cultural Factors of Emotions - Theories of Emotion - James-Lange theory - Cannon-Bard theory - Lazarus theory - Putschik's theory - The Facial Feedback Hypothesis.

UNIT – VI CURRENT CONTOURS (For Continuous Internal Assessment Only):

Latest developments in the field of Psychology, Technology development and sleep quality, Virtual learning, Emotional Management

REFERENCES:

1. Baron A. R (2013). Psychology (V. Ed.) New Delhi, Prentice Hall.
2. Ciccarelli, S.K. and Meyer, G.E. (2008). Psychology, New Delhi, Pearson Longman – Dorling Kindersley (India) Private Limited.
3. Hoeksema, et., al., (2014). Atkinson and Higard's Psychology: An Introduction (XV.Ed.), New Delhi, Cengage Learning India Private Limited.
4. Morgan, et., al., (2011). Introduction to Psychology (VII.Ed.), New Delhi: Tata McGraw –Hill Edition.
5. Santrock. J.W (2006). Psychology: Essentials. New Delhi Tata McGraw – Hill Edition.

COURSE OUTCOMES:

- Aware of applications of contemporary and school of Psychology
- Develop skill of perception and perceptual constancies
- Appreciate the states of consciousness and biological rhythms
- Apply the implications of learning theories
- Develop ability to improve one's memory using the models and techniques of memory
- Develop ability to be self-motivated and empathetic and to motivate others

First Year

CORE PRACTICAL 1

Semester I

Code:

**PSYCHOLOGY I
(Practical)**

Credits: 4

ANY FIVE OF THE FOLLOWING

1. Muller – Lyer Illusion
2. Span of Attention
3. Distraction of attention
4. Learning through Maze
5. Habit Interference
6. Recall Versus Recognition
7. Retroactive and Proactive interference

References:

1. Parameshwaran E. G. and Ravichandran R. (2001): Experimental Psychology- Hyderabad: Neelkamal Publication Pvt.- Ltd.-
2. Kuppusamy B. (1954): Elementary Experiments in Psychology- Madras: Oxford University Press.
3. Postman and Egan- J. P. (1985): Experimental Psychology- New Delhi: Kalyani Publications.

Course Outcome:

Students will be able to:

1. Ascertain the extent of perception bias of their subject
2. Develop ability to assess the extent of span of attention of the subjects
3. Assess the impact of distractions on attention.
4. Develop the sense of problem-solving ability through trial and error learning
5. Manage during the interference in learning and habit formation
6. Develop comparison skill between recall and recognition memory
7. Develop understanding of interference effect on memory retention

First Year

**ALLIED COURSE 1
FOUNDATIONS OF SOCIOLOGY
(Theory)**

Semester I

Code:

Credits: 4

COURSE OBJECTIVES:

- To understand the basic Concepts of Sociology
- To comprehend Sociological Study Methods
- To examine general Sociological Theories
- To know the nature of Society
- To understand the basic aspects of Culture

UNIT – I: Introduction to Sociology and Sociological Methods

Introduction Meaning of Sociology –Scope of Sociology - History – Sociology and other Social Sciences – Sociology and Psychology – Sociology Today – Technology and Social Sciences

Sociological Methods The Development of Social Science – The Scientific Method – Correlation and Causation – Quantitative and Qualitative Methods – Objective and Critical Methods – Ethics

UNIT – II: Sociological Theories and Evolution of Society

General Sociological Theories Introduction - Structural-Functionalism - Conflict Theory - Symbolic Interactionism – Role theory - Social Constructionism - Integration Theory

Society Introduction – Societal Development: Hunter-Gatherer – Pastoralist – Horticulturalist - Agrarian – Industrial and Post Industrial – Classical Views on Social Change

UNIT – III: Culture and Socialization

Culture Introduction – Subcultures and Counter Cultures – Ethnocentrism and Cultural Relativism – Theories of Culture and Cultural Change – Cultural Sociology

Socialization What is Socialization? – Elements of Socialization: Goals of Socialization, Primary and Secondary, Socialization, Total Institutions, Broad and Narrow Socialization – Theoretical Understandings of Socialization

UNIT – IV: Groups, Collective Behaviour, and Demography

Groups And Collective Behaviour Social Identity Theory – Primary and Secondary Groups – In Groups and Out Groups – Reference Groups – Group Size – Crowds – Theories of Crowd Behaviour – Diffuse Crowds

Demography Introduction The Need for Studying Demography – History – Data and Methods – The Demographic Transition – Population Growth and Overpopulation

UNIT – V: Gender and Family

Gender and Family Gender and Sex – Biological Differences – Social and Psychological Differences – Sexism – Gender Theory – Family – Family Cross Culturally – Economic Role of the Family – Kinship Terminology

UNIT – VI: CURRENT CONTOURS (For Continuous Internal Assessment Only):

‘Sociological’ Perspectives in India – interpretive sociology-industry and labour-social communication

REFERENCES:

1. Bottommore, T.B. 1972, Sociology: A guide to problems and literature. Bombay: George Allen and Unwin (India)
2. Brijjak, G.J. (1992). Sociology: Cultural Diversity in A Changing World. London: Alley and Bacon.
3. Giddens, A. (1982). Sociology, New York: Harcourt Brace Jovanovich.
4. Johnson, Harry M. (1995): Sociology: A Systematic Introduction. New Delhi: Allied Publishers.
5. Gouldner, Alvin. 1977. ‘Sociology’s Basic Assumptions’ in Thompson, Kenneth and Jeremy Tunstall, Sociological Perspectives. New York: Penguin Books Ltd. (Pages 13- 17)
6. Sankar Rao C.N. (2009). Sociology: Principles of Sociology with an Introduction to Social Thought. New Delhi: S Chand & Company Ltd.
7. Weber, Max. 1978. Economy & Society: An outline of Interpretive Sociology Vol. 1. Berkeley: University of California Press. (Basic Concepts, Pages 4-26)

COURSE OUTCOMES:

- Be ethical and to be able to be part of the society
- Contribute to the society in terms of knowledge and skills having understood the social change
- Develop ability to be a strong lover of culture understanding social institutions
- Realize the significance of demographic transition and population growth of India
- Appreciate the values of gender and family

First Year

ALLIED COURSE PRACTICAL 1

Semester I

Code:

**PSYCHOLOGICAL TESTING-1
(Practical)**

Credits: **

Experiments

1. Rosenberg Self-Esteem Scale
2. Achievement Motivation Scale
3. Resilience Scale

Course Outcomes

Upon successful completion of this practical course, students will be able to:

1. **Administer, score, and interpret** the Rosenberg Self-Esteem Scale to assess an individual's level of self-esteem.
2. **Administer, score, and interpret** the Achievement Motivation Scale to understand achievement-related behaviour and motivation.
3. **Administer, score, and interpret** the Resilience Scale to evaluate an individual's ability to cope with stress and adversity.

First Year

INTERDISCIPLINARY COURSE 1

Semester I

Code:

**FOUNDATIONS OF CRIMINOLOGY
(Theory)**

Credits: 2

COURSE OBJECTIVES:

- To understand the meaning of crime and criminology
- To comprehend the nature of violent crimes.
- To enlist the property crimes
- To familiarize with public order crimes
- To understand the nature of white collar and organized crimes

UNIT – I:

Crime and Criminology - The Meaning of Crime – Criminology and Criminality – History of Criminology – The Role of Theory in Criminology - Schools of Thought in Criminology

UNIT – II:

Violent Crimes - Violence in History - Murder: Types of Murder – Forcible Rape – Robbery – Aggravated Assault - Theories of Violence

UNIT – III:

Property Crime - Meaning of Property Offence – Larceny-Theft – Burglary – Motor Vehicle Theft – Arson – Crimes of Guile and Deceit – Cybercrime

UNIT - IV:

Public Order Crime - Meaning of Public Order Crimes – Alcohol and Crime – Illegal Drugs and Crime – Prostitution and Commercialized Vice

UNIT – V:

White Collar and Organized Crimes - The Concept of White Collar Crime – Occupational Crime – Corporate Crime – Organised Crime – Theories of Organised Crime

REFERENCES:

1. Anthony Walsh. (2012). Criminology: The essentials. Sage Publications. New Delhi.
2. Kumar Anil. (2011). Criminology: Principles and Concepts. Ancient Publishing House. New Delhi.
