



**Centre for Differently Abled Persons**  
**Bharathidasan University**  
**Report of the Activities of**  
**Training of Trainers programme on**  
**Health, Hygiene and Prevention of Disabilities**  
**5/1/2013**

Bharathidasan University, Centre for Differently Abled Persons jointly in miscois with NSS and WISH organised a one day Training of Trainers Programme on “Health, Hygiene and Prevention of Disabilities” on 5th Jan 2013.

The programme commenced with a two minutes silent prayer for the women

who were Victims of Sexual harassment. 124 students from various disciplines participated in the programme. Assistant Prof. M. Prabavathy, Head i/c, Centre for



Experts on MHM and public sanitation on the occasion of Trainers of Training

Differently Abled Persons welcomed the gathering and presented the theme of the programme. In her speech she said that very few instructional programmes were found to be committed towards training young girls and adults on Health, Hygiene and Prevention of Disabilities. This programme is offered to sensitize students about the ways and means of reducing the occurrence of disability though prevention, promotion of healthy habits, sanitation and Hygiene.

Dr. L. Ganesan, Organising Secretary of WISH and Co-ordinator of NSS delivered the presidential Address. In his speech he highlighted the objectives of WISH and the need for capacity building at different levels of personnel to achieve the vision of WISH in creating healthy women empowered in all spheres.



Dr. M. Prabhavathy speaks inaugurated



Dr. L. Ganesan , Organising Secretary, WISH



Mr. V. Ganapathy, Coordinator, WISH speaks on public sanitation



Mr. V. Ganapathy, Special Reporter (Rtd), “The Hindu” in his felicitation address shared his experience in conducting such programmes at various levels. He highlighted the need for generate awareness among rural population and organisations on creating women - friendly toilets and disabled - friendly toilets in all the Institutions.

Mrs. Krishnaveni, EC Member of WISH in her felicitation address laid emphasis on the need for creating awareness among rural women on sanitation and Hygiene.

Dr. Ramani Devi, leading Gynecologist in her keynote address gave an elaborate lecture for more than 2 hours on how basic healthy habits can prevent the occurrence of diseases. She emphasised the need for healthy good habits for building a healthy generations to come.

Dr. Ramani Devi pointed out that the main causes of disability are due to communicable diseases, infection in early childhood, early motherhood, Nutritional deficiencies, Insufficient or inaccessible health care services, Inadequate sanitation and Inter – family marriages. There was a detailed interaction with the students and the students enthusiastically clarified their

doubts on Health, Hygiene and prevention of disabilities. Participants in their feedback expressed that the programme served as an eye opener on issues related to personal hygiene and sanitation. They also took an Oath that they will spread the message to their family and community as a whole.



Dr. Ramani Devi, Leading Gynaecologist delivering lecture on MCH