Major Elective-BMS-EC-10 Cardiovascular Biology

### Factors Controlling Cardiac Output-1

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### Factors Controlling Cardiac Output

- Changes in CO can be produced by changes in cardiac rate or stroke volume
- cardiac rate is controlled primarily by
  - the cardiac innervation,
    - sympathetic stimulation increasing the rate
    - parasympathetic stimulation decreasing it
- stroke volume is controlled partially by neural input
  - sympathetic stimuli making the myocardial muscle fibers contract with greater strength
  - parasympathetic stimuli having the opposite effect
- Sympathetic → catecholamines → strength of cardiac contraction
   (is called chronotropic action) (is called their inotropic action)

### Factors Controlling Cardiac Output

### When the strength of contraction increases

- the ejection fraction increases
- the end-systolic ventricular blood volume falls.



Factors Controlling Cardiac Output and Blood Pressure

# Controlling CO and BP

- 1. Autoregulation of blood flow
- 2. Neural mechanisms
- 3. Hormonal mechanisms

### $CO = HR \times SV$

### neural mechanisms

(reflex control of cardiovascular function)



negative feedback loops

Reflex control of cardiovascular function

baroreceptors

monitor degree of stretch in walls of expandable organs

carotid sinuses aortic sinuses atrium



Baroreceptor areas in the carotid sinus and aortic arch.

### Baroreceptors

# if blood pressure climbs



vasodilation lowers peripheral resistance

→ reduce blood pressure

baroreceptors

if blood pressure falls

# increase cardiac output NE on heart

# vasoconstriction NE inc. peri. resistance

→ increase blood pressure



### atrial reflex

# stretching the atrium (more blood returning)

will stimulate cardiac output (more blood leaving)

baroreceptors

### Valsalva maneuver

Monitor change in pulse and blood pressure during

# exhale forcefully

close glottis

### Valsalva maneuver

- brief rise in bp pressure on lungs sends pulmonary blood to atria
- 2. bp falls

reduced venous return low CO reflexive vasoconstriction increase in heart rate

#### 3. release pressure

expansion of vessels (bp ) ( return, ▲ aortic volume)

4. restore normal

blood return up CO is up BP is up graph of bp drop and HR increase during Valsalva

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### The End

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