

**Dr. A. PALANISAMY, Ph.D.****Professor & Head**

Department of Physical Education &amp; yoga

**Coordinator**

Centre for spirituality and yogic science

Bharathidasan University

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E-mail ID: [draps1972@yahoo.com](mailto:draps1972@yahoo.com)[palanisamy.a@bdu.ac.in](mailto:palanisamy.a@bdu.ac.in)**Educational Qualification**

- ✓ Ph.D., (Phy. Edn.), Alagappa University, Karaikudi (2002).
- ✓ P.G.D.Y., (Yoga), Tamil Nadu Physical Education University, Karaikudi(2009).
- ✓ T.T.C.Y., (Yoga), Alagappa University, Karaikudi (1997).
- ✓ M.Phil.,Alagappa University, Karaikudi (1997-99).
- ✓ M.P.Ed., (Phy. Edn.), Dr.SivanthiAdhithanar College of Physical Education, Tiruchendur (1993-95).
- ✓ B.Sc., (Phy. Edn.), H.H.The Rajah's College, Pudukkottai (1990-93).

Programme of Study	Name of the Institution/University	Major Subject(s)	Month and Year of Passing	Class	% of Marks (exact - 2 decimals)
<b>Ph.D.</b>	Alagappa University, Karaikudi	Physical Education (Sports Psychology)	Dec. 2002	Awarded (Highly Commended)	Highly Commended
<b>M. Phil.</b>	Alagappa University, Karaikudi	Physical Education	May 1999	1 <sup>st</sup> Class	67.12%
<b>PG (M.P.Ed.,)</b>	Dr.Sivanthi Adithanar College of Physical Education. Manonmaniyam Sundaranar University	Physical Education (Indigenous Game Kabaddi)	May 1995	1 <sup>st</sup> Class	63.42%
<b>UG(B.Sc.,)</b>	H.H.The Rajah's College, Pudukkottai, Bharathidasan University	Physical Education	April 1993	2 <sup>nd</sup> Class	57.00%
<b>HSC</b>	Government Model Higher Secondary School, Pudukkottai.	Science Group	March 1990	2 <sup>nd</sup> Class	58.66%
<b>SSLC</b>	Government Higher Secondary School, Thirumayam, Pudukkottai	-	Oct. 1987	2 <sup>nd</sup> Class	55.40%
<b>T.T.C.Y.,</b>	Alagappa University, Karaikudi.	Yoga	May 1997	1 <sup>st</sup> Class	-
<b>P.G.D.Y.,</b>	Tamil Nadu Physical Education & Sports University, Chennai.	Yoga	May 2009	1 <sup>st</sup> Class	60.57%

### **Administrative Experience**

- ✓ **Head of the Department (HOD)**, Department of Physical Education and Yoga, Bharathidasan University, Tiruchirappalli. (09<sup>th</sup> Feb. 2024 to till date.)
- ✓ **Coordinator**, Centre for spirituality and yogic science, Bharathidasan University, Tiruchirappalli. (07<sup>th</sup> May 2024 to Till date)
- ✓ **Director**, Centre for Distance and Online Education, Bharathidasan University, Tiruchirappalli. (05<sup>th</sup> May 2022 to 08<sup>th</sup> Aug. 2023) (1 Year 3 Months)
- ✓ **Head of the Department (HOD)**, Department of Physical Education and Yoga, Tiruchirappalli. (09<sup>th</sup> Apr. 2017 to 09<sup>th</sup> Jan. 2021) (3 Year 9 Months)
- ✓ **Senate Member**, Bharathidasan University, Tiruchirappalli. (09<sup>th</sup> Apr. 2017 to 09<sup>th</sup> Jan. 2021 and 9<sup>th</sup> Feb. 2024 to Till date)
- ✓ **Secretary (Sports)**, Bharathidasan University, Tiruchirappalli. (July 2014 to Feb. 2021) ( 6 Years 7 Months)
- ✓ **Coordinator**, Centre for Swami Vivekananda Studies, Bharathidasan University, Tiruchirappalli. (Feb 2014 to May 2024) ( 10 Years 2 Months)
- ✓ **Chief Hostel Administrator**, Bharathidasan University, Tiruchirappalli. (Jan. 2018 to May 2024) (6 Years 5 Months)

### **Professional Experience (29 Years)**

- ✓ **Director**, Centre for Distance and Online Education, Bharathidasan University (5<sup>th</sup> May 2022 to 8<sup>th</sup> Aug. 2023)
- ✓ **Professor**, Department of Physical Education and Yoga, Bharathidasan University, Tiruchirappalli. (Dec. 2015 to Till date)
- ✓ **Associate Professor**, Department of Physical Education and Yoga, Bharathidasan University, Tiruchirappalli. (Dec. 2012 to Dec. 2015)
- ✓ **Coordinator**, Centre for Swami Vivekananda Studies, Bharathidasan University, Tiruchirappalli. (Feb. 2014 to May. 2024)
- ✓ **Secretary (Sports)**, Bharathidasan University, Tiruchirappalli. (July 2014 to Feb. 2021)
- ✓ **Assistant Professor**, Alagappa University College of Physical Education, Karaikudi, (May 2006 to 2012).
- ✓ **Physical Education Teacher (Government Service)** Ramanathan Chettiar Higher Secondary School, (Dec. 2000- May 2006).
- ✓ **Lecturer cum Director of Physical Education**, J.J College of Arts and Science, Pudukkottai, (September 1995-June 2000).

### **Field/(s) of Specialization**

- ✓ Sports Psychology
- ✓ Sports Training
- ✓ Indigenous Games (**Kabaddi**)
- ✓ Test and Measurement
- ✓ Methods in Physical Education

### **Research Publications – (Total Number of Research Publications - 125)**

Citations index : 114  
h-index : 7  
i10-index : 4  
(As per Google Scholar)

International Level Journals	National Level Journals	Conference Proceedings	Chapters Published in Books	Book
51 (with impact factor 35)	18	37	4	5

### **Research Supervision**

Ph. D.	M. Phil.	M.P.Ed
9 (Awarded) 8 (On going)	36 (Awarded)	30 (Awarded) 5 (On going)

### **Awards / Honors Received**

- ✓ Yogachariya Award by yoga Organization of India. (YOI) New Delhi - Sep. 2020.
- ✓ Life Time Achievement Dr.S.Mohan award by Thavathiru Kundrakudi Adigalar Research Foundation 2019.
- ✓ Dr.Radhakrishnan gold medal Award by Global Economic progress and Research Association, New Delhi – 2015.
- ✓ Best Teacher Award by Sri Raja Rajan College of Engineering, 2011.
- ✓ Best Physical Educationist Award by Ulaga Tamil Panpattu Iyyakkam, 2009.

### **Books Published (with ISBN)**

- ✓ Sports Nutrition (978-81-908128-0-1)
- ✓ History Principles and foundations of Physical Education. (978-93-80173-764)
- ✓ The Treasures of Kabaddi: An anthropology of Selected Research Articles on the Game of Kabaddi. (978938678228-6)
- ✓ The Essentials and Everything about Kabaddi. (9789389146325)
- ✓ Naveena vilayattukaluku vithakum thamilar parampariya vilayattukal. (ISSN No.2394-2428)

### **Papers Presented-112**

- ✓ International Conference:21
- ✓ National Conference & Seminars :57
- ✓ Workshops: 12
- ✓ Webinar (International and National level) : 22

### **Delivered Talks = 113**

- ✓ Delivered talks in All India Radio related to sports with different topic
- ✓ Delivered lecture as Resource Person in Refresher course in Physical Education conducted by Academic Staff Colleges / UGC – MMTTC.
- ✓ Delivered lecture as Resource Person in Orientation Course in Colleges and University teachers. Conducted by Academic Staff Colleges / UGC – MMTTC.
- ✓ Delivered Ninety Two Invited Talks Delivered in Different Capacity as a Resource Person, chairperson, Chief Guest.

### **Organisation of Seminar / Work Shop / Conferences / Tournaments**

- ✓ Organized National Level Workshop on Athletics cum Officiating Examination from 1<sup>st</sup> and 2<sup>nd</sup> May 2024.
- ✓ Organized National Level Workshop on Kabaddi cum Officiating Examination from 9<sup>th</sup> and 10<sup>th</sup> Mar. 2024.
- ✓ Organized AIU South Zone Inter University Chess (Men) Tournament 2023-24 from 26<sup>th</sup> to 29<sup>th</sup> Jan. 2024.
- ✓ Organized AIU South Zone Inter University Hockey (Men) Tournament 2023-24 from 24<sup>th</sup> to 30<sup>th</sup> Dec. 2023.
- ✓ Organized AIU All India Inter University Netball (Men) Tournament 2021-22 from 20<sup>th</sup> to 23<sup>rd</sup> Mar. 2022.
- ✓ Organized AIU South Zone Inter University Handball (Women) Tournament 2021-22 from 27<sup>th</sup> Feb. 2022 to 02<sup>nd</sup> Mar. 2022.
- ✓ Organized AIU South Zone Inter University Kabaddi (Men) Tournament 2021-22 from 23<sup>rd</sup> to 27<sup>th</sup> Dec. 2021.
- ✓ Conducted Refresher course in Teacher Education as a coordinator (HRDC-ASC) at Bharathidasan University during 11-12-2018 to 31-12- 2018.
- ✓ Conducted Refresher course in Physical Education as a coordinator (HRDC-ASC) at Bharathidasan University during 18-01-2018 to 07-02- 2018.
- ✓ Organized Five Day Residential Youth Camp on Personality Development with 1000 Students as a Coordinator of Swami Vivekananda Studies, Bharathidasan University.
- ✓ Organized Intercollegiate Tournaments (Both Men & Women) in different sports discipline as a sports secretary of Bharathidasan University.
- ✓ Organized one day Orientation Programme for Affiliated Colleges of (Bharathidasan University Coordinators of Swami Vivekananda studies as coordinator of swami Vivekananda studies, Bharathidasan University.
- ✓ Organized many Inter collegiate tournaments in various games as sports.
- ✓ Organized 1 Tamil Nadu Inter University Kabaddi Tournament as organizing Secretary.
- ✓ Organized 2 South Zone Inter University Tournament as organizing Committee member
- ✓ Organized 2 Blood Donation Camp as NSS Programme officer, Alagappa University.
- ✓ Organized 3 (ALUTES) Cultural Competition as Cultural Coordinator, Alagappa University.
- ✓ Organized 1 State Level Workshop on Kabaddi as organizing Secretary.
- ✓ Organized 4 National conference as organizing committee member
- ✓ Organized 7 International Conference as organizing committee member

### **Academic Responsibilities**

- ✓ Serving as a Academic Council Member for Affiliated Colleges of Bharathidasan University.
- ✓ Serving as a Board of studies member Madurai Kamaraj University Madurai.
- ✓ Serving as a Board of studies member Sri Ramakrishna Mission Vidyalaya Vivekanada University Coimbatore.
- ✓ Serving as a Board of studies member Tiruvalluvar University, Vellore.
- ✓ Served Squad Member of Alagappa University, Affiliated College University Exams.
- ✓ Serving Question Paper Setter (B.Sc., B.P.Ed., M.P.Ed., M.Phil., B.Ed.,) for Physical Education.
- ✓ Serving Board of Examiner for (B.Sc., B.P.Ed., M.P.Ed., M.Phil., Ph.D.) for Physical Education.
- ✓ Serving Member of Doctoral Research Committee.
- ✓ Serving Member of Board of Studies:
  1. Bharathidasan University, Tiruchirappalli.
  2. Madurai Kamaraj University, Madurai.
  3. Manonmaniam Sundaranar University, Tirunelveli.
  4. H.H.The Rajah's College, Pudukkottai
  5. Bishop Heber College, Tiruchirappalli.
  6. Jamal Mohamed College, Tiruchirappalli.
  7. Arul Andavan College, Karumathur.
  8. Kamaraj College, Thoothukudi.
- ✓ Serving University Representative for Yoga Practical Examiner, IECD, Bharathidasan University.
- ✓ Serving Member of One Man Commission for Vedathi Maharishi Yogacentres affiliated to Bharathidasan University.
- ✓ Serving Member of Recognition Commission for Ph.D., Research Department in Physical Education Affiliated Colleges in Bharathidasan University.

### **Social / Academic Membership**

- ✓ Member International Association of Sports Information (IASI).
- ✓ Administrative Committee Member, All India Mahatma Gandhi Social Welfare Organizations.
- ✓ Treasurer in Pudukkottai District Basket Ball Association.
- ✓ Executive Committee Member in Ulaga Tamil Iyyakkam.
- ✓ Member in Pavendar Bharathidasan Illakiya Peravai.

### **Editorial Board Membership**

- ✓ Reviewer of Indian Journal for Research in Physical Education and sports sciences (IJRPES) ISBN. 0973-9025.
- ✓ Editorial Member of International Journal of Multidisciplinary Research and Modern Education Editorial Member of International Journal of Engineering Research and Modern Education.
- ✓ Editorial Member of International Journal of Scientific Research and Modern Education Editorial Member of International Journal of Current Research and Modern Education.
- ✓ Editorial Member of International Journal of Applied and Advanced Scientific Research.

- ✓ Editorial Member of International Journal of Computational Research and Development.
- ✓ Editorial Member of International Journal of Interdisciplinary Research in Arts and Humanities.
- ✓ Editorial Member of International Journal of Advanced Trends in Engineering and Technology.
- ✓ Editorial Member of Indo American Journal of Multidisciplinary Research and Review.
- ✓ Editorial Member of Star Research – An International Online Journal
- ✓ Editorial Member of International Journal of Recent Research and Applied Studies.

### **Academic and Scientific Bodies Membership**

- ✓ Visiting team member NCTE 2013 onwards.
- ✓ Member UPSC Examination Board as subject expert.
- ✓ Member UGC Subject Expert Committee for evaluating the Infrastructural facilities developed through UGC funding for colleges and universities.
- ✓ Member of Advisory Committee for Centre for Yoga Education and meditation, Alagappa University.
- ✓ Member of International Society for Advancement of Kinanthropometry (ISAK).
- ✓ Member International Association of Sports Information (IASI).
- ✓ Member in one man committee to inspect affiliated Yoga Centres of Bharathidasan University (BDC).
- ✓ Member of Board of Studies in Physical Education in Madurai Kamaraj University, Madurai.
- ✓ Member of Board of Studies in Physical Education in Sri Ramakrishna Mission Vidyalaya vivekanada University, Coimbatore.
- ✓ Serving as a Board of studies member Tiruvalluvar University, Vellore.
- ✓ Member of Board of Studies in Physical Education in Bharathidasan University, Tiruchirappalli.
- ✓ Member of Board of Studies in Physical Education in H.H.The Rajah's College, Pudukkottai.
- ✓ Member of Board of Studies in Physical Education in A.V.V.M Sri Pushpam College, Poondi.
- ✓ Member Board of Squad Committee of Alagappa University, Affiliated College University Exams.
- ✓ Member Board of Question Paper Setter (B.Sc., B.P.Ed., M.P.Ed., M.Phil., B.Ed.,) for Physical Education. For many institution/ university.
- ✓ Member Board of Examiner for ( B.Sc., B.P.Ed., M.P.Ed., M.Phil., Ph.D.,) Evaluation for Many Institution/ University.
- ✓ Member of Doctoral Research Committee.
- ✓ Member of Board of Studies in Physical Education in Bishop Heber and Jamal Mohammed College.
- ✓ Member of Board of Examiner for Evaluating M.Phil. & Ph.D. Thesis.

### **Abroad Visits**

- ✓ **Malaysia:** International conference at University of Malaya, Kuala Lumpur for Paper Presentation, 28<sup>th</sup> & 29<sup>th</sup> November 2013.
- ✓ **Srilanka:** International conference at University of Jaffna, Srilanka for Paper Presentation, 11<sup>th</sup> & 12<sup>th</sup> July 2015.
- ✓ **Srilanka:** International conference at University of Jaffna, Srilanka for Panel Discussion on Adapting Ethical Practices, 11<sup>th</sup> & 12<sup>th</sup> July 2015.
- ✓ **Thailand:** International Conference at Khon Kaen University, Thailand for Resource Person on adaptation and nutrition in sports 18<sup>th</sup> to 20<sup>th</sup> July 2018.

### **Personal Information**

Name	:	<b>Dr.A.PALANISAMY</b>
Name of the Father/Husband	:	Mr.M. Ayyakkannu
Age and Date of Birth	:	53 years - 03.07.1971
Place of Birth and District	:	Pudukkottai
Sex	:	Male
Nationality and Religion	:	Indian, Hindu
Community	:	BC
Permanent Address	:	1456, Thekkatur (Po) Rayavaram (Via,) Pudukkottai (District) Tamil Nadu - 622 056. Phone/ Mobile:98420-53777 E-mail:draps1972@yahoo.com
Address for Communication	:	Dr.A.Palanisamy Professor and Head Department of Physical Education and Yoga Bharathidasan University Tiruchirappalli, Tamilnadu- 620 024. Phone/ Mobile:98420-53777 E-mail:draps1972@yahoo.com palanisamy.a@bdu.ac.in

### **Declaration**

I hereby declare that all the above said information's are true and correct to the best of my knowledge and belief.

Place: Tiruchirappalli

Date:

Yours Sincerely

Dr.A.Palanisamy