

HUMAN DEVELOPMENT

OBJECTIVES:

To develop in students.

An understanding of the physical, psychological and social development of the individual from infancy to adulthood so that they can be guided effectively.

Skills in achieving positive human relationships.

A positive attitude towards understanding and applying scientific aspects behind Human development.

UNIT – 1:

- (a) How life begins – Conception, stages of pregnancy, prenatal developmental care of the expectant women, Discomforts during their implications.
- (b) Growth and development of Children – Principles of development. Factors that influence development.

UNIT – 2:

- (a) Infancy – Physical, motor, social and emotional development. Vocalisation activities. Care of infant, immunization.
- (b) Early Childhood – Physical, motor intellectual, social and emotional development.
- (c) Late childhood – Physical, Motor, intellectual, social and emotional development. Minor ailments.

UNIT-3:

Adolescence-Physical, emotional, social and intellectual development – Problems of adolescence.

UNIT – 4:

- (a) Play-Definition, types, theories and values.
- (b) Learning-Definition, Types-trial and error, insight, conditions, imitation. Factors affecting learning. Maturation and learning.
- (c) Discipline-Meaning, Disciplinary techniques, guidelines for inculcating Discipline in children.

UNIT – 5:

- (a) Methods of child study-case study, observation, experimental methods, Projective techniques, and clinical approach.

- (b) Behavior problems-meaning, causes and prevention-Hurts other children, Destroy things, uses languages, thumb sucking, bedwetting, masturbation, refusal to eat, lying and stealing.
- (c) Exceptional children – Physical and mental handicaps. Crippled, mental retardation, gifted children.

PRACTICALS:

Preparation of Resource album.
Collecting suitable stories and Rhymes for children.
Preparation of soft toys and low cost equipment.

REFERENCES:

Hurlock, E.B, Child Development Mc Graw Hill, New York 1988.
Subash C.Arya, Infant and child care for Indian Mothers. Vikas Publisher, Delhi, 1972.
Devadas, R.P. and Jaya. N. Text Book of child development Mc Mullan and Co., 1981.
Gosh, S. The feeling and care of infants and young children UNICEF, New Delhi, 1976.