

HUMAN RELATIONSHIPS

OBJECTIVES:

1. To develop a scientific attitude towards behavioral patterns in individual family - and community life.
2. To Promote adjustments in Marital life.

UNIT-1:

- (a) Marriage – Meaning and function, Motives for Marriage.
- (b) Personal development in relation to marriage – physical and mental health, Emotional maturity, Personality development, Age of marriage.

UNIT-2:

- (a) Types of marriage
- (b) Adjustments in marriage – Early period, child bearing period, Sexual Adjustments, In-Law adjustments, Adjustment to parenthood, Marriage Counseling.

UNIT-3:

- (a) Family – Types and functions, Roles of different members in the family.
- (b) Family crisis – Meaning, types, Alcoholism and Drug abuse, Divorce- the effect on children.

UNIT-4: OLD AGE:

- (a) Meaning, Characteristics.
- (b) Family attitudes towards the aged.
- (c) Status of the Aged in the Indian Society
- (d) Provisions for the aged.

UNIT-5: SEX EDUCATION:

- (a) Meaning, Need
- (b) Sex Education at pre school age, school age and adolescence
- (c) Methods of Imparting sex education.

PRACTICALS:

1. Continuation of observation from previous year.
2. Participation in pre-school.

REFERENCE:

1. Duvall, E.M. Family, The Macmillan Company, New York 1961.
2. Landis, F.R. and Landis, M.O. Personal adjustments in marriage and family living, prentice Hall Inc. New York 1955.
3. Davadas, Pand Jaya, N. Text book on child development Macmillan& Co., 1981.
4. Renkel, F. the Family in perspective. Appleton century, crofts, Inc. New Delhi. 1960.