

BHARATHIDASAN UNIVERSITY, TIRUCHIRAPPALLI – 620024.

M.Sc. Yoga for Human Excellence

(Centre for Distance Education)

(Applicable to the candidates admitted from the academic year 2014-15 onwards)

Paper	Title of Paper	Exam Hours	Mark		
			INT.	EXT.	Total
First Year					
1 ✓	Application and uses of Present day Yoga ✓	3	25	75	100
2 ✓	Physical Health ✓	3	25	75	100
3 ✓	Greatness of Life force and Mind ✓	3	25	75	100
4 ✓	Sublimation and Social Welfare	3	25	75	100
5 ✓	Yoga Practices - 1 (Practical 1) ✓	3	40	60	100
Total					500
Second Year					
6	Guidance & Counseling, Psychotherapy	3	25	75	100
7 ✓	Science of Divinity and Realization of Self ✓	3	25	75	100
8 ✓	World Community Life - Vethathiriam	3	25	75	100
9 ✓	World Peace Plans ✓	3	25	75	100
10 ✓	Yoga Practices – 2 (Practical 2)	3	40	60	100
TOTAL					500
Grand Total					1000

CLASSIFICATION OF RESULTS:

76% and above – I class with distinction
61% to below 75% – I class
51% to below 60% – II class.

	INTERNAL (CIA)	EXTERNAL (UE)
THEORY	25 Marks	75 Marks
PRACTICAL	40 Marks	60 Marks

Passing Minimum in a subject Aggregate (CIA + UE) 50%

A candidate shall be declared to have passed in each course if he/she secured not less than 40% marks in the University Examination and 40% marks in the internal Assessment and not less than 50% in the aggregate taking CIA and UE marks together.

CIA - Continuous Internal Assessment

UE - University Examinations