



BHARATHIDASAN UNIVERSITY, TIRUCHIRAPPALLI - 620 024
DEPARTMENT OF PHYSICAL EDUCATION

**NATIONAL LEVEL WORKSHOP ON EVOLUTION OF INDIAN
PHYSICAL CULTURE IN MALLAKHAMB**

The Department of Physical Education, Bharathidasan University organised the National Level Workshop on “National level Workshop on Evolution of Indian Physical Culture in Mallakhamb” on 10th December 2015 at Yoga Centre, Bharathidasan University, Tiruchirappalli. Mr.M. Janarthanan, General Secretary, Tamilnadu Mallakhamb Association, inaugurated the Work Shop, in presence of Mr.K. Ganesan, Chairman- Technical Committee, Tamilnadu Mallakhamb Association. Hand on training on Mallakhamb was given to the participants in open play ground with fixed Mallakhamb. Dr. C. Thiruchelvam, Registrar, Bharathidasan University delivered the Valedictory address and distributed the certificates to the participants.