

WORK SHOP REPORT

Special workshop on **Memory Enhancement** was held on 20th February 2018 organised by Dr. V. Rajesh Kannan, Associate Professor, Department of Microbiology, Bharathidasan University, Tiruchirappalli. The program was inaugurated by, Prof. N. Thajuddin, Dean of science, engineering and technology, Head, Department of Microbiology, Bharathidasan University. Mr. Therasanathan AYAN RAJ, Memory Expert – MEMFIT, Chennai, has a resource person, engaged entire duration of workshop on memory enhancement. Different innovative sessions has been conducted by him and the sessions were very interactive and useful for the participants. Faculty members, Dr. G. Muralitharan, Dr. D. Dhanasekaran and Dr. C. Nithya, Department of Microbiology, Dr. A. Edward William Benjamin, Professor and Dr. B. Saminathan, Assistant Professor, Department of Education, Dr. S. Rajakumar, Assistant Professor, Department of Marine Biotechnology and Dr. R. Rajaram, Assistant Professor, Department of Marine Science were also took part as special participants in the workshop program. Totally 80 participants (M.Sc., Students and Research Scholars) had been taken part in the workshop among that 50% of the participants from microbiology department and rest of the participants are from Bharathidasan university other departments. From the wokshop program, participants had gained more knowledge and skills regarding how to memories the lessons they learn daily and store it in our permanent memory and some easy techniques to memories has also taught by the expert. After the session a test was conducted among the participants in order to know about their individual memory skills and the test results were also discussed by him. Finally participants feedbacks had been collected there is a good response and we got a very good feedbacks from the participants and the workshop program was ended with felicitating the expert by the special guest.