



DEPARTMENT OF SOCIAL WORK
BHARATHIDASAN UNIVERSITY
KHAJAMALAI CAMPUS TIRUCHIRAPPALLI -620 023
CHILD GUIDANCE AND COUNSELLING CENTRE



ACTIVIITES REPORT

The Child Guidance and Counselling Centre in the Department of Social Work, Bharathidasan University was Inaugurated on 22nd October 2009 by then Honourable Vice-Chancellor of Bharathidasan University Dr.M.PONNAVAIKKO and then Chief Educational Officer, Tiruchirappalli District Dr.K.SWAMINATHAN. Dr.P.ILANGO, who was then Professor & Head, Department of Social Work, Bharathidasan University sowed the seed for inception of the Centre and was also the Advisor for it. DR.J.O. JERYDA GNANAJANE ELJO, then Assistant Professor, Department of Social Work, Bharathidasan University was the Coordinator of the Centre. The Centre was established as part of the extension activity of Department. This Child Guidance and Counselling Centre is dedicated to provide Child-centered, School-centered and Family-centered services.

In the modern era we are aware that large numbers of school children are struggling with mental health issues due to various reasons than ever before. A recent survey has revealed that one-third of all children in India suffer from some mental health problems. Another hard reality is that two-third of these school students never receive the help they need. This Child Guidance and Counselling Centre handles children between the age group of 4 to 17 years. It aims to provide *free comprehensive supporting counselling and guidance to school students with emotional and behavioural problems, learning difficulties and disabilities, scholastic backwardness, adjustment problems, Sexual problems etc.* by way of professional consultative, preventive and intervention services. It also aims to provide psycho-social care to school students and improve the overall school mental health, to assess and evaluate children's needs, problems, potentials, to apply appropriate intervention strategy, to create public awareness about importance of emotional wellbeing among children, to provide guidance and counselling to teachers and parents for further management of children at school and at home.

The Child Guidance and Counselling Centre has Sensitized 842 School Teachers, 1258 Parents and 3567 Students about School Mental Health and has also done Counselling to 83 school students on honorary basis in and around Tiruchirappalli and the Centre has been the

Field work agency to give hands onto the MSW students. Till now 28 MSW students have received training since its inception.
