

A Short report on International seminar on “At risk sections of society” held on 5.2.2016

An International seminar on “At risk sections of society” was organised by the Department of Social Work, Bharathidasan University in collaboration with Department of Social Work, Shrimati Indira Gandhi College, Tiruchirappalli and Department of Social Work, Srimad Andavan Arts and Science College, Tiruchirappalli on 5th February, 2016. The seminar was inaugurated by Prof A.Chockanathan, Former Professor, Department of Social Work, Sri Ramakrishna Mission Vidhyalaya, Coimbatore. The key note address was delivered by Dr.N.Audinarayana, Former Professor & Head, Department of Sociology and Population Studies and Director, School of Social Sciences, Bharathiar University. The valedictory function was conveyed by Dr.V.M.Muthukumar, Honourable Vice Chancellor, Bharathidasan University. The total number of 219 participants including faculty members, Research scholars and students and officials from government and non government organizations took part in the seminar. A total number of 75 papers were presented in 5 sessions on various risks of the society. The program was concluded by conducting a panel discussion by experts and professionals where suggestions were given by them and following resolutions were passed.

- i. The students should be involved in extracurricular activities in the school time in order to reduce their stress. The school management should encourage the students to participate in life skill activities like yoga and meditation which guide them in a suitable way to keep them stress free.
- ii. The main reason, the children who are addicted by alcohol is by observing their fathers who intake alcohol. Hence both children and fathers should be given proper counselling and the government has to spread awareness on ill effects of alcoholism through mass media and social media so that their psychological condition may get improved to prevent them from developing an addiction to alcohol in the future.
- iii. In order to get rid of the addiction of using social media, the youngsters should be provided limited data and adequate information in social media networks. The government should promote various plans regarding the limited use of social media and promote useful information in the society through social networks.
- iv. Most of the old age pensioners seemed to be widows, illiterate, agricultural labourers who live in small sized families. They have lower score of Quality of Life. The requirement has to be improved among the old age pensioners through effective government policies.
- v. Regarding psychological problems of women with HIV/AIDS, most of them are already mentally ill or diagnosed with mental illness. They should be given emotional support by their family members, also from the peer groups, neighbours school mates and teachers.