

ICSSR SPONSORED
A THREE DAY NATIONAL WORKSHOP ON
“PSYCHO-EDUCATIONAL SKILLS FOR TEACHERS OF HIGHER EDUCATION”
29th to 31st October 2014

A Three-day National Workshop on “PSYCHO-EDUCATIONAL SKILLS FOR TEACHERS OF HIGHER EDUCATION” held from 29th to 31st October 2014 organised by the Department of Social Work, Bharathidasan University, Tiruchirappalli. The workshop took place in BUTP Seminar Hall of Bharathidasan University at Thiruchirapalli and was attended by 40 participants from 6 states and 1 Union Territory. The participants were from the disciplines of Commerce, Science, Education, Law, Humanities and Languages.

SPECIFIC OBJECTIVES OF THE WORKSHOP

(i) To sensitize the Teachers of Higher Education on:

- Scientific understanding of the human brain and behaviour
- To understand the bio-psychosocial development of the students of higher Education
- To understand the need, concern and problems of the students of the higher education pertaining to psychological and behavioural issues.
- To understand the role of family and changing social life that has influence in student community.
- To understand the role of parents and teachers in extending and building psychological well being of the students
- To be aware of the evil effects of substance abuse, suicidal tendencies, aggression, psychosocial problems and deviant behaviours of the students.
- To understand emotions to maintain positive health.

(ii) To impart knowledge and skills to Teachers of Higher Education on:

- Techniques in counselling and skills
- Psychosocial management of emotional problems of college students
- Methods in identifying moderate to severe mental health problems in students and to make appropriate referral to mental health professionals.
- Activities to be conducted in Colleges and Universities to improve the mental health and academic performance of the students.

(iii) To find out the impact of the workshop by collecting pre and post assessment from the Teachers of Higher Education (participants) on the knowledge and skills they have acquired through this workshop for an impact analyses.

The workshop began with the Inaugural function. Dr. J.O.JerydaGnanajaneEljo, Organising Secretary of the workshop welcomed the gathering. Workshop was inaugurated by our Honorable Vice- Chancellor Dr.V.Muthukumar and delivered the inaugural address. Followed by Dr. Daniel, Syndicate member of Bharathidasan University gave the felicitation address. Then Dr. V. Sethuramalingam, Professor & Head, Department of Social Work, Bharathidasan University delivered the Vote of Thanks.

The Session 1 was handled by Professor V. Sayee Kumar from the Department of Social Work, D.G. Vaishnav College, Chennai on “Understanding the Brain and Behaviour”. **The Session 2** was handled by Dr. Sheila Christopher, Associate Professor of the Department of Rehabilitation Science, Holy Cross College, Thiruchirappallion “Bio-Psychosocial aspects regarding college students”. **The Session 3** was handled by Dr. P. Ilango, Professor, Department of Social Work, Bharathidasan University, Tiruchirappalli on “Mental Health Problems of College students”. The second day was started with **Session 4**. It was handled by Dr. K. Sekar, Professor & Head, Department of Psychiatric Social Work, NIMHANS from Bangalore on the theme “Life Skills Education”. **Session 5** was also handled by the same resource person on the theme “Counsellors Code of Ethics. **Session 6** of was handled by Dr. RajaramSubbian, an International Psycho-Social consultant, “Antarang”, Bangalore on “Counselling stages and skills”. **Session 7** was also continued by Dr. RajaramSubbian on “Counselling process and response”.

On third day, **Session 8** was handled by Professor G. Gurubharathy who is a consultant in M.S.Chellamuthu trust & Research foundation, Madurai. The theme was “Causes and Management of Academic Problems of College Students.” **Session 9** was handled by Dr.J.O. JerydaGnanajaneEljo, Assistant Professor in the Department of Social Work, Bharathidasan University. She spoke on the theme “Role of Parents and Teachers”.

The last session of the workshop which is Session 10 was handled by Dr.R. Dhanasekarapandian, Additional Professor, Department of Psychiatric Social Work, NIMHANS , Bangalore on “Substance Abuse, Prevention and Management”. The National Workshop came to an end by the Valedictory Function.

